

LYNDON CUDLITZ

Condensed Curriculum Vitae

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PROFESSIONAL EMPLOYMENT

- Principal Trainer & Consultant, *Lyndon Cudlitz: Consulting, Education & Training* International, 2006-Present
- Director of Training & Education, *Pride Center of the Capital Region* Albany, NY, 2013-2017
- Youth Services Program Coordinator, *Long Island Gay & Lesbian Youth* Bay Shore, NY, 2012-2013
- Manager and Rock Climbing Instructor, *Maine Rock Gym* Portland, ME, 2007-2012
- Firefighter and Emergency Medical Technician, *Yarmouth Fire-Rescue* Yarmouth, ME, 1999-2009
- Emergency Medical Technician, *American Medical Response* Scarborough ME, 2007-2008
- Grassroots Organizer, *Family Planning Association of Maine* Portland, ME, 2006-2007
- Domestic Violence Hospital Advocate, *Safe Voices* Lewiston, ME, 2006
- LGBTQ Youth Education & Outreach Coordinator, *Outright, Inc* Portland, ME, 2004-2005
- Program Coordinator, *Ctr. for Sexualities & Gender Diversity, University of Southern Maine* Portland, ME, 2002-2003

CONTRACT EMPLOYMENT

- Co-Director and Curriculum Faculty, *Anytown Youth Leadership Institute, NCCJ* St. Louis, MO, 2004-2023
- Project Coordinator, *Maine Center on Deafness* Portland, ME, 2009
- Social Media and Online Communications Organizer, *Equality Maine* Portland, ME, 2009
- Hurricane Katrina Disaster Generalist, *Federal Emergency Management Agency* Biloxi, MS, 2005-2006

SPECIAL PROJECTS

- *New York State OCFS – Division of Juvenile Justice & Opportunities for Youth* NY, 2016-Present
Provide LGBTQ training and consultation for staff in JJ facilities across NYS. Assist Home Office in revising policies and procedures for the care of LGBTQ youth in the Juvenile Justice system. Meet with incarcerated transgender youth.
- *New York State Network for Youth Success* NY, 2022-2023
Designed and delivered four rotations of an 8-part series for afterschool program providers on serving LGBTQ youth.
- *Ibis Reproductive Health* National, 2017-2022
Participated in expert team providing consultancy for developing research on reproductive & sexual healthcare access for transgender and gender-expansive individuals. Final product resulted published research (<http://bit.ly/transibis>).
- *Camp Unirondack* NY, 2022-2023
Co-ordinated and revamped annual Queer Youth Advocacy Retreat for high school youth.
- *New York State Department of Health - AIDS Institute* NY, 2015-2019
Appointed to Transgender Advisory Committee to develop implementation strategies for the Blueprint on Ending the Epidemic. Responsibilities also include representing the Committee at NYS meetings & panels and developing the first NYS Trans Leadership Collective, an event for established and emerging leaders, advocates & organizers.
- *CampOUT* Stoneham, ME, 2009-2013
Founded and directed annual health and social justice leadership retreat for LGBTQ+ teens & young adults.

RECENT VOLUNTEER AFFILIATIONS

- Board Member, *Rise Outside* New Paltz, NY, 2022-Present
- Program Volunteer, *Camp Unirondack* Lowville, NY, 2021-Present
- Capital Region Coordinator, *CRUX: LGBTQ Rock Climbing* NY, 2019-Present
- Mentor, Emerging Nonprofit Leadership Accelerator, University at Albany Albany, NY, 2020 & 2022
- Co-Chair, Consulting Alliance, *Capital Region Chamber* Albany, NY, 2020-2021
- DEI Advisory Member to Steering Committee, *Tech Valley Young Professionals Network* Albany, NY, 2020-2021
- Safety Team, providing assistance and street marshalling for racial justice actions & protests Troy, NY, 2020-2020
- Vice President of Board of Directors, *CRUX: LGBTQ Rock Climbing* New York, NY, 2016-2018
- Coordinating Committee, *Showing Up for Racial Justice - Capital District* Albany, NY, 2016-2018

ACADEMIC EDUCATION

Linguistics: Concentration in American Sign Language Interpreting, *University of Southern Maine* 2002-2013

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PUBLICATIONS

- Moseson; Lunn; Cudlitz (2020, May). "Development of an Affirming and Customizable Electronic Survey of Sexual & Reproductive Health Experiences for Transgender and Gender Nonbinary People." *PLOS ONE*.
- Moseson; Zazanis; Cudlitz (2020, April). "The Imperative for Transgender and Gender Nonbinary Inclusion: Beyond Women's Health." *Obstetrics & Gynecology*.
- Transgender and Gender Non-Conforming People Advisory Group (2016). "Executive Summary: Ending the Epidemic Blueprint Recommendations for Transgender and Gender Non-Conforming People." NYS AIDS Institute.
- Rand; Cudlitz (2003, Spring). "Trans Matters in Education: Insights from Students." *The Radical Teacher* (issue 67), 9-14.

KEYNOTE ADDRESSES, 2018-2023

- "The Power of Protective Factors: Strategies to Improve Mental Health Outcomes for LGBTQIA Youth," *Summer Counselor Conference*
- "From Role-Modeling to Responding: Supporting the Gender Expansiveness of Children," Leadership Summit, Early Care & Learning Council
- "Caught Between a Scalpel and a Hard Place: Tales of Trans Bodily Autonomy," LGBTQ Health Week, Albany Medical College Pride Alliance
- "Mirrors & Windows: Building Possibility Models for Children," Annual Breakfast, The Red Bookshelf
- "Library Access for LGBTQ Individuals & Families," Annual Conference of the Central NY Library Resources Council
- "Impact of Gender- and Sexuality-based Unconscious Bias in the Workplace," Inclusive Leadership Series, Capital Region Chamber
- "TRANScending Expectations: A Trans Perspective on Gender and Finding Home in Oneself," *In It 3*, Skidmore College
- "Supporting LGBTQ College Students," *Founders Day*, Fulton-Montgomery Community College

SAMPLE OF CONFERENCE AND PANEL PRESENTATIONS, 2017-2019

- Panel, "Grief Through the Lens of LGBTQ+ Youth & Communities," *Eluna Network*
- "Enhancing Documents & E-Forms to Better Serve LGBTQIA+ Individuals," *NE Resident Service Coordinators Conf.*
- "Social & Emotional Support for LGBTQ+ Youth," *Adolescent Health Con, AZ Department of Health Services*
- "Windows & Mirrors: LGBTQIA-Affirming Programs and Curriculum," *Adolescent Health Con, AZ Dept of Health*
- "Allyship Adjustment: How to Support LGBTQIA+ Friends," *Youth Mental Health Conference, Yavapai County, AZ*
- "Strengthening Support for Trans & Nonbinary Youth," *Youth Mental Health Conference, Yavapai County Health, AZ*
- Panel for Transgender Day of Remembrance, *NYS Department of Health – AIDS Institute*
- "Beyond 'Who Gets the Check:' Navigating Sex & Sexuality in Cross-Class Relationships," *Sex Down South Conference*
- "Identity, Power, and Access," *New York Institute for Self-Advocacy, YOUTH POWER*
- "Making Diversion Work: Anchoring Process in Community Public Safety Groups," *Toward Justice Symposium*
- "Enhancing Library Services for LGBTQ Youth," *NY Library Association Annual and Youth Services Conferences*
- Diversity in the workplace panel, *Entrepreneurs Bootcamp, Capital Region Chamber*
- "Sex for Survivors," *Weaving a World Without Violence, NYS Coalition Against Sexual Assault*
- "Contraceptive Equity: Safety, Access, and Reproductive Justice," *Abortion Rights to Social Justice, Hampshire College*
- "Organizing Across Class Differences in Our Movements," *Creating Change, National LGBTQ Task Force*

CERTIFICATIONS

- Wilderness First Aid, *Emergency Care & Safety Institute* 2017-2020
- Emergency Medical Technician, *State of Maine* 2003-2012
- HIV Prevention Counseling, *Maine Bureau of Health* 2004
- High Risk Adolescent AIDS Prevention, *Maine Bureau of Health* 2004
- Firefighter-I, *Maine Fire Service Institute* 2003

AWARDS

- Recognition of Extraordinary Contributions & Advocacy, *Creedmore Psychiatric Center* New York, 2023
- Champion for Justice, *Upper Hudson Planned Parenthood* New York, 2017
- Outstanding Unit Citation, *Yarmouth Fire-Rescue* Maine, 2007
- Letter of Commendation, *Yarmouth Fire-Rescue* Maine, 2006
- Pride Guide Allstar, *IN Newsweekly Magazine* Maine, 2005
- Young Leadership Award, *Equality Maine* Maine, 2004
- Hugh O'Brian Youth Leadership Award, *HOBY* Maine, 2000